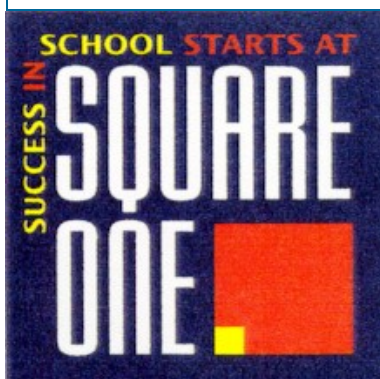


Winter/Spring 2017 Newsletter



About Square One

Square One serves as a regional, public-private collaborative partnership on early care and education. Square One's mission is to help all children in Hampton Roads enter school healthy and ready to succeed and, ultimately, to provide the region and state with a competitive workforce in the global economy.

Square One is dedicated to early childhood issues that impact a child's earliest experiences and their ability to learn and succeed in school and later in life. Our services include providing professional development training to those who work with young children (ages 0-8) and their families.

Visit www.SqOne.org to learn more.

The **Square One Audio/Web Conferences** provide a 1 hr. training opportunity to learn about specific topics pertaining to the health and early care and education of young children. Access to a phone and computer is needed to participate.

Contact Marty LaGiglia, MEd., Square One Director, at

mlagiglia@squareonehr.org

4525 Main Street, Suite 700

c/o VB GrowSmart Foundation

Virginia Beach, VA 23462

Phone: 757-270-5656

Fax: 757-497-5101

FREE Square One classes... Register online!

Registration for our FREE classes below will be managed on our website. Please go to www.SqOne.org and follow the instructions. Weekday courses have a space limit of 26 participants. Saturday courses can accommodate 45 participants with only 5 staff per agency/per class applying. PLEASE do not sign up for a class previously taken. Lunch is on your own. **In-service training certificates are awarded for each class.**

See other FREE "online training" courses on our website!

Instructor-Led Course Schedule (January - May 2017)

PEI 1081- Ethical Issues- Fri., Jan. 27- 9 AM- 4 PM- Norfolk WDC

Acquaints trainees with ethical dilemmas involved in working with families of young children. Cultural differences and setting boundaries are discussed.

"Circle Time Fun" -Sat., Feb. 4 - 9-11 AM- ATC Bldg./TCC—Va. Beach

Discusses productive "circle time" learning in a preschool classroom ages 2-5.

"Helping Kids Get Fit"- Sat., Feb. 4 - 11 AM- 1 PM- ATC Bldg./TCC—Va. Beach

Find out strategies to use in a childcare/preschool setting that could help fight childhood obesity. Learn about the importance of exercise and nutrition.

"Building Quality Preschool Learning Environments" - Sat., Mar. 4 - 9-11 AM- ATC

Bldg./TCC- Va. Beach - Learn about the "Early Childhood Environment Rating Scale" (ECERS) assessment tool to improve the quality of learning environments in a preschool classroom.

"Impact of Domestic Violence on Children"- Sat., Mar. 4- 11 AM- 1 PM- ATC Bldg.

TCC—Va. Beach —Learn how to recognize the signs of domestic violence and how it affects young children. Safety issues for children/adults living in a home with domestic violence are discussed.

PEI 1151: Mindful of Cultural Diversity - Fri., Mar. 24- 9 AM-1 PM- Norfolk WDC

This course will help to increase cultural understanding and awareness of diversity when working with families and their young children.

Child Mental Health Issues- Sat., Apr. 8 - 9-11 AM- ATC Bldg./TCC- Va. Beach

This course discusses mental health issues that young children may experience.

"Building Relationships" - Sat., Apr. 8- 11 AM- 1 PM- ATC Bldg./TCC—Va. Beach

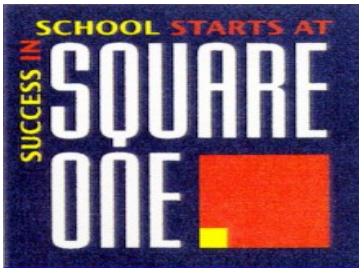
Explores ways to improve caregiver/parent relationships and provides strategies in working with children "placed at-risk."

"Challenging Child Behaviors" - Sat., May 6- 9-11 AM- ATC Bldg./TCC- Va. Beach

Learn strategies to use when working with challenging behaviors of preschool-aged children.

"Infant/Toddler Milestones of Development" - Sat., May 6— 11 AM-1 PM- ATC Bldg./

TCC- Va. Beach - Find out about the important milestones of development for infants and toddlers.



c/o VB GrowSmart Foundation
4525 Main Street, Suite 700
Va. Beach, VA 23462
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"Success in school...starts at
Square One."

Visit www.SqOne.org

Funding support from the City of
Norfolk, City of Virginia Beach,
E.C. Wareheim Foundation, War-
den Family Foundation, Va. Beach
City Union of the King's Daugh-
ters & Sons

Upcoming State Conference

March 30- April 1—
VAECE Conference,
Hampton, VA.

Visit www.vaece.org for
information.



Square One's FREE Online Training

Visit www.SqOne.org to take our 1 hr. self-paced online courses:

Infant Development, Toddler Development, Preschooler Development, Parental Health and Prevent Disease- IMMUNIZE!

Training certificates are awarded after receiving an 80% or better score on the final quiz. Certificates will be sent to your email address.

Customized Square One Training Offered On-site

Schedule the following training courses at your preschool/ childcare agency site on weekday evenings or Saturdays—
"Building Quality Preschool Learning Environments"—"Observing/ Documenting Child Behaviors"—"Challenging Child Behaviors"—
"Classroom Transitions"—"Circle Time Fun"—"Countdown to Math"—
"Parent/ Child/Teacher Interactions"—"Helping Kids Get Fit"—
"Enriching Outdoor Learning Environments"—

In-service training certificates awarded. Call 757-270-5656 for a cost estimate.